



Ladies Series Classes



Class Level / Class Instructor / Dates and Times

Level 1 - Dennis Downs 9:30am Wednesdays	Level 2 - Dennis Downs 11:00am Wednesdays	Level 2 - Dennis Downs 1:00pm Wednesdays
Week 1: Wed, March 4th	Week 1: Wed, March 4th	Week 1: Wed, March 4th
Week 2: Wed, March 11th	Week 2: Wed, March 11th	Week 2: Wed, March 11th
Week 3: Wed, March 18th	Week 3: Wed, March 18th	Week 3: Wed, March 18th
Week 4: Wed, March 25th	Week 4: Wed, March 25th	Week 4: Wed, March 25th
Week 5: Wed, April 1st	Week 5: Wed, April 1st	Week 5: Wed, April 1st
Week 6: Wed, April 8th	Week 6: Wed, April 8th	Week 6: Wed, April 8th
Level 3 - Dennis Downs 2:30pm Wednesdays	Level 3 - Dennis Downs 4:00pm Wednesdays	Level 1 - Dennis Downs 10:00am Thursdays
Week 1: Wed, March 4th	Week 1: Wed, March 4th	Week 1: Thur, March 5th
Week 2: Wed, March 11th	Week 2: Wed, March 11th	Week 2: Thur, March 12th
Week 3: Wed, March 18th	Week 3: Wed, March 18th	Week 3: Thur, March 19th
Week 4: Wed, March 25th	Week 4: Wed, March 25th	Week 4: Thur, March 26th
Week 5: Wed, April 1st	Week 5: Wed, April 1st	Week 5: Thur, April 2nd
Week 6: Wed, April 8th	Week 6: Wed, April 8th	Week 6: Thur, April 9th



Ladies Series Classes



Class Level / Class Instructor / Dates and Times

Level 1 - Kyle Metzler 1:30pm Wednesdays	Level 2 - Kyle Metzler 3:00pm Wednesdays	
Week 1: Wed, March 4th	Week 1: Wed, March 4th	
Week 2: Wed, March 11th	Week 2: Wed, March 11th	
Week 3: Wed, March 18th	Week 3: Wed, March 18th	
Week 4: Wed, March 25th	Week 4: Wed, March 25th	
Week 5: Wed, April 1st	Week 5: Wed, April 1st	
Week 6: Wed, April 8th	Week 6: Wed, April 8th	
Level 1 - Ronnie Decker 10:30pm Thursdays (at Eagles Nest)	Level 2 - Ronnie Decker 1:30pm Thursdays (at Eagles Nest)	
Week 1: Thur, March 5th	Week 1: Thur, March 5th	
Week 2: Thur, March 12th	Week 2: Thur, March 12th	
Week 3: Thur, March 19th	Week 3: Thur, March 19th	
Week 4: Thur, March 26th	Week 4: Thur, March 26th	
Week 5: Thur, April 2nd	Week 5: Thur, April 2nd	
Week 6: Thur, April 9th	Week 6: Thur, April 9th	