

THE Fit Center News

Melissa Kallett, Director of Recreation: 935-6743

May-June 2021

**BACK TO
NORMAL
LIFE!**

BE CONSIDERATE

While things are starting to return to normal, everyone is reminded to be courteous and understanding to others in our fitness facilities. Social distancing and mask wear is now optional, though some will continue with a more cautious approach. Please respect that.

ALSO, help us keep the germs at bay:

- Continue to bring a fitness towel each time you visit the fitness facilities.
- Use the Gym Wipes provided before and after using the equipment.
- Wash your hands periodically during your workout sessions.
- Continue to pay for items with your credit card or homeowners card.

OUTDOOR POOL SHOWERS

Cheers to our newly tiled outdoor showers. I'm sure you'll agree they look marvelous. Let's all do our part to keep them looking that way. As a reminder, the showers are there to rinse off before and after pool use, not to serve your daily hygiene needs. Please don't shave or brush your teeth while using the pool showers...and YES we have observed folks doing that. Those actions are best done at home...or at least in the locker rooms beside the sinks.



FITNESS CLASSES

Classes will continue to run throughout the summer. Some of our instructors are away for the season, and new ones coming on board. Class schedules are available at the fitness facilities and on the HOA website. You're encouraged to try a new class to expand your exercise horizon. ENJOY!



HOURS OF OPERATION

Effective Mon, May 24th, the TF Fitness Center returns to evening hours. All other facilities retain current hours. It is anticipated Studio hours will be expanded in the Fall.

TF Fitness Center:

Mon-Thurs 6am-8pm
Fri 6am-6pm
Sat/Sun 7am-5pm

EN Fitness Center:

Mon-Thurs 6am-6pm
Fri 6am-5pm
Sat/Sun 7am-noon

TF Fitness Studios:

Mon-Fri 8am-noon

The TF & EN Pools are open daily from 5am-11pm. TF Kiddy Pool daily from 9am-5pm



POOL USE REMINDERS



Pool season is upon us and everyone is reminded to be courteous to others. This way everyone can enjoy and have a pleasant experience.

- When using Sun Tan Spray, note the direction of the wind, and spray away from those lounging next to you.
- No saving loungers for your friends who will join you later. Use is first come, first to use.
- Use of noodles, and similar profiled pool chairs are allowed. Be astute to not block the pool entry steps and ladders as you float about.
- Food items must be consumed on deck, not while floating on your noodle.
- Drinks may be sipped while in the pool, but containers not be glass, and must contain a lid.

LET'S ENJOY NORMALCY!