

# THE Fit Center News

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## **SPRING BREAK REMINDERS**

This year Spring Break at the Pools will be observed from March 18th thru April 16th.

Let's all enjoy the holidays together by adhering to the following:



### **KID HOURS AT OUR POOLS**

During the above noted Spring Break period, children's holiday rules are in effect at both the EN and TF pools. During this time ONLY, children aged 7yrs and under may join their older siblings in the main pools during normal children's hours.

Children's hours are as follows:

At EN: 9am-1pm

At TF: 1pm -5pm

The kiddy pool at TF is open daily 9am-5pm for kids 7yrs and younger.

### **"PEACE AT THE POOL" RULES**

1. Kids are not allowed in the spas, the EN lap pool, or TF indoor pool.
2. At all times, children are to be supervised by an adult. Please do not leave kids unattended.
3. Kids not toilet trained must wear a swim diaper or rubber pants when in the pool.
4. No tossing of balls, Frisbees or people.
5. No Marco Polo
6. At TF Pool, children are not to jump off the wall in the resistance pool. In fact they should not block adult use of the resistance area.



### **POOL DECK FURNITURE**

Use is on a "first come, first use" basis. You are not to reserve a lounge by placing a towel on it for future use.

**EASTER DAY (Apr 9th)—**

**ALL fitness facilities will be closed for the day. No classes will be held. POOLS WILL BE OPEN!!**

## **CHECK IN, PLEASE!**

As you and your guests visit the fitness facilities, please remember to "check in". Residents need only "bop" their homeowners card, but Guests need present their guest pass, pay the guest fee or show the homeowner pre-paid guest pass (**SKY BLUE**), and sign the waiver form.

### **FOOD AT THE POOL**

Food items are allowed at our pools, but they must be sandwiches or finger foods...not huge BBQs. And..they **MUST** be consumed on deck, not while floating around.



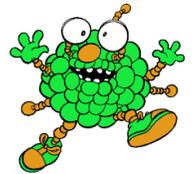
### **DRINKS AT THE POOL**

No glass containers allowed. Beverages may be drunk while floating provided they are in plastic containers with a lid or a can. **NO BOTTLES.** Alcoholic beverages must be from the Snack Bar, not brought from home.



### **GERM ALERT!! BE SMART!!**

Fitness Center users (to include guests) are required to bring a hand towel from home to wipe up sweat. Also, please use the gym wipes on the equipment after use...and before couldn't hurt either.



### **WHY A HAND TOWEL?**

It's all about hygiene and courtesy to your fellow fitness center users. Use of a hand towel assists in reducing bacteria from transferring from your skin to the equipment. While patrons and staff wipe down the machines with gym wipes, the hand towel is an extra precautionary measure.

During the times we are living in, there's no such thing as being too careful. Put that towel in your gym bag to keep it handy when you visit our fitness facilities.