

THE Fit Center News

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June/July 2018



TF OUTDOOR POOL CLOSED

The entire TF outdoor pool complex (to include Kiddy Pool, spa, lap area and main pool) will be closed for the month long period of June 18th thru July 16th to accommodate some much needed pool deck repair. Much of the concrete decking will be dug up and replaced....and then re-coated.

During this time, Adults will need use the TF Indoor Pool, EN Pool, or Oasis Pool. Children 8yrs and older have normal children hours at the EN Pool daily from 9am-1pm. Unfortunately kids under 8yrs will not be accommodated at any of the community pools during this time **EXCEPT** during the holiday week of Monday thru Friday, July 2nd – 6th. During that one week only, kids 2yrs and up may join the older kids at the EN Pool during normal children's hours. Tots must be toilet trained...no swim diapers allowed.



AQUA CLASS INDOORS

During the TF outdoor pool closure...all aqua classes will be held in the TF Indoor Pool.



AQUA VOLLEY-BALL INDOORS

Play continues Weds, Fri and Sun from 1-3pm. Games will be held at the TF Indoor Pool for the duration of the outdoor pool repair. All are welcome to attend this no cost activity. It's a great way to meet new folks, and keep cool.



SWIMSUIT COVER UPS

As a reminder, please wear a cover-up over your swimsuits when walking through the fitness center. This can be a towel, robe, shirt, etc. And...please dry off before entering the building to prevent leaving a trail of puddles in your path



"4th of July" Closures

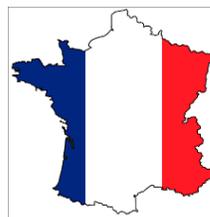
ALL Fitness Facilities will close at noon on Weds, July 4th. Exercise classes that day will be cancelled.

EN FITNESS RENOVATION

The much needed renovation and enlargement of the EN fitness area has been approved and will happen! The exact dates are not yet known but will likely start in the August timeframe....and continue for approx. 3 months. As details finalize we will keep patrons informed. Yes, it will inconvenience users, but in the end, you will reap the benefits of this \$600K facelift.....new and additional equipment, more space, rehabbed lockerroom.



TOUR de CREEK RETURNS



After its one year absence this exciting cycling fitness challenge returns. Designed to coincide with Europe's Tour de France, participants will spend July 7th thru 29th logging 231 mil. That's one mile for every

10 the pros ride. Daily rides vary from 9 to 14 miles....but fret not you have all day to accumulate the miles...indoors or out. It's all about having fun while you exercise. Log sheets are in the fitness centers. Prizes to all who complete the tour. Vive Le Creek! I'll look for you on the roads....

WHAT'S WITH THE MUSIC??

It's always a challenge to find music that everyone likes at a volume everyone can tolerate. We THINK we've finally got it. A new receiver and power amp were installed at TF, and EN will be new with the renovation. Just let the fitness staff know if you think we need to tweak it some more.

