

Just released! Second Edition of the W-A-L-K-O game card

Friday, April 24, 2020

Have you heard about the latest fitness trend around PebbleCreek? Looking for fun ways to stay fit!? Try W-A-L-K-O...it's BINGO while you walk! Resident quizmaster and creative, clever and never short of energy, Melissa Kallett, HOA Recreation Director, shared this fun walking game last week. And not only did people love it, they want more! So, never one to deny her public, Melissa has created the Second Edition game board for all to enjoy. "As a long time, regular dog-walker around Robson Circle I can't help but notice the increase in pedestrian and cyclist traffic while Casey and I stroll the streets," shared Kallett. "Alas, a positive to all this Coronavirus happenings. It's great to see so many folks out walking and cycling, all the while maintaining the "six feet of separation." I encourage you all to continue!"

Here are the instructions Melissa shared last week when she introduced this fun new way to stay fit: To help you pass the time while out on your strolls and rides, while also encouraging you to "Keep your head up, shoulders back, and posture as it should be," I've developed the game W-A-L-K-O! It's BINGO while out walking (or cycling). Print out the WALKO cards (there are two different cards on the sheet) and keep your eyes alert while walking, and see how many of the items you (and your walking partners) can spot. There's no prize, but it could be fun! Send me your feedback because I am curious if you enjoyed. WATCH FOR CARS, TOO!! You can email me at melissa.kallett@robson.com. Stay healthy, wash your hands...and help flatten the curve. If you don't have a printer and need a W-A-L-K-O card, our friends in the Activities Office are happy to print you a set and hand it to you through their door (M-F, 9a.m. - 3p.m.); just give them a call at 623-535-9854.

Source: Communications Team