



**Reservations are strongly requested (especially for Fish Fry Friday).** We may be unable to accept walk-ins at this time. The maximum allotted time per reservation to dine-in is **1 hour and 15 minutes.**

### Dining Room Hours

#### Sunday

Lunch 10:30 a.m. - 4 p.m.

#### Monday

Closed

#### Tuesday - Wednesday

Lunch 10:30 a.m. - 4 p.m.

#### Thursday - Saturday

Lunch 10:30 a.m. - 4 p.m.

Dinner 4 - 8 p.m.

### Lounge/Bar Hours

Bar Counter Service Only

#### Sunday

10 a.m. - 4 p.m.

#### Monday

Closed

#### Tuesday - Wednesday

10 a.m. - 4 p.m.

#### Thursday - Saturday

10 a.m. - 8 p.m.

To make a reservation or order takeout, call

**623-935-6753**

[Toscana's Lunch Menu](#)

[Toscana's Dinner Menu](#)

## Toscana's Lunch Special of the Week

### Muffaletta Sandwich

Available  
July 5 - 11

[click here to view menu](#)

### Lobster Burger

Available  
July 12 - 18

[click here to view menu](#)



## Hours of Operation

### Sunday

Breakfast 7 a.m. - Noon

### Monday

Closed

### Tuesday - Saturday

Breakfast 7 - 10:30 a.m.

Lunch 11 a.m. - 3 p.m.

Bar service only 3 - 4 p.m.

To make a reservation or order  
takeout, call Eagle's Nest Restaurant  
at **623-935-6785**

*(you must speak to a live person)*

[Eagle's Nest Breakfast Menu](#)

[Eagle's Nest Lunch Menu](#)

## Eagle's Nest Weekly Specials

**Ham and Salami Sliders (x2)**

**-or-**

**Mary's Summer Salad**

**Available  
July 4 - 10**

[click here for menu](#)

**Patio Melt**

**-or-**

**Spinach Berry Salad**

**Available  
July 11 - 17**

[click here for menu](#)

### Available Every Friday

Fish-n-Chips  
Fish Sandwich

## Hydrating Poll Results



52% of you are in the know! Yes, you are supposed to drink half your body weight in ounces per day. I do drink a little more because I sweat a lot in this AZ heat.

Although a nice cold glass of water feels amazing on a hot day, drinking water at room temperature is better for you as it maintains hydration.

Remember, cold or room temperature just remember to drink your water. Until next week's poll, have a refreshingly cool week!

*Source: Cynthia Prato, Communications Coordinator*

**Ed's Dogs Snack Bar**  
623-935-6749

*Outdoor snack bar at Tuscany Pool*  
[menu](#)

Monday - Sunday  
9 a.m. - 5 p.m.

**Portofino Coffee Bar**

We remain closed until fall